



DIY PRINTABLE **Dorm Medical Kit Checklist**

- Anti-Itch lotion
- Band-aids
- Benadryl
- Cough Drops
- Ibuprofen and/or Tylenol
- Immune Support Tablets
- Lip Balm with SPF
- Neosporin
- Saline Nasal Spray
- Sports Wrap
- Sun Screen
- Thermometer
- Tums

Extra Prescriptions (inhalers, acne meds, ect.):

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