



CHOPPED

VIDEO CONFERENCE CALL COMPETITION

THE OBJECTIVE:

Each team must create a dish or dishes including all the secret ingredients and prepared within the 1 hour time frame. No early prep is allowed. The judges will then choose the winning team.

THE DIRECTIONS:

- Each team will pick a team name.
- The day before the competition, the judges will announce the 4 secret ingredients – giving time for each team to retrieve these essential components of the contest. Other ingredients may be used to complete the dish(es), but the 4 secret ingredients must be used in some way as an edible part of the dish(es).
- The day of the content, the teams will have 1 hour to make the dish(es). Starting at the same time and monitored by judges through a Video Conference call. Within the 1 hour, all measuring, chopping, preparation and cooking must take place.
- When dishes are complete and plated, they will be displayed for the judges through the Video Conference Call. Each team will present their dish to the judges and describe the flavor and composition of the dish. Judges will score the dishes based on 4 components: Creativity, Flavor, Plating, Sportsmanship.
- The team with the highest score wins the designated prize and bragging rights until the next contest winner is announced.

VIDEO CONFERENCE CALL INFO

TIME:

LOG IN:

PASS:

NOTES:

THE RULES:

- No prep allowed prior to cooking challenge start time!
- Every person on each team must have a hands-on role in creating the dish.
- Each team will have 1 hour to prep, cook and plate their dish. One portion will be plated for judges to review via Zoom.
- No bribing the judges!
- Dishes must be original dishes prepared during the cooking challenge time – no pre-cooked dishes allowed!
- No sore losers!
- No fighting with other contestants or your own team members.

